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PALEO DIET RECIPES: THE 36 BEST PALEO DIET RECIPES TO DROP 2 WAIST SIZES IN 2 WEEKS



Createspace, United States, 2013. Paperback. Book Condition: New. 224 x 148 mm. Language: English . Brand New Book ***** Print on Demand *****. Paleo Diet Recipes: The 36 Best Paleo Diet Recipes to Drop 2 Waist Sizes in 2 Weeks Ahhh, Paleo Diet Recipes, everyone thinks they re a chef right? Sure you can whip up a few veggies and lean meat, but is it really keeping true to Paleo Diet Principles? Probably not, but no need to panic- with your...

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- Authored by Michael Jessimy
- Released at 2013



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