



Almost Amish: One Woman's Quest for a Slower, Simpler, More Sustainable Life

By Nancy Sleeth

Tyndale House Publishers, United States, 2012. Paperback. Book Condition: New. New.. 206 x 137 mm. Language: English . Brand New Book. Have you ever stopped to think, Maybe the Amish are on to something ? Look around. We tweet while we drive, we talk while we text, and we surf the Internet until we fall asleep. We are essentially plugged in and available 24 hours a day, seven days a week. Rather than mastering technology, we have allowed technology to master us. We are an exhausted nation. No one has enough time, everyone feels stressed out, and our kids spend more hours staring at a screen each week than they do playing outside. It's time to simplify our lives, make faith and family the focal point, and recapture the lost art of simple living. Building on the basic principles of Amish life, Nancy Sleeth shows readers how making conscious choices to limit (and in some cases eliminate) technology's hold on our lives and getting back to basics can help us lead calmer, more focused, less harried lives that result in stronger, deeper relationships with our families, friends, and God.



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Reviews

Very beneficial to all of class of people. I am quite late in start reading this one, but better then never. You may like just how the writer create this publication.

-- **Audra Klocko PhD**

Thorough information! Its this type of great go through. It is amongst the most incredible publication i actually have read through. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Germaine Welch**