



## Extraordinary Ordinary Forgiveness

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By Susan Dugan

John Hunt Publishing. Paperback. Book Condition: new. BRAND NEW, Extraordinary Ordinary Forgiveness, Susan Dugan, In mid argument with a loved one, as we stand unfairly accused, we would much rather be right than happy. As practising forgiveness raises our awareness of our attraction to and identification with the ego's sneaky ways, our pain often increases. Some of these essays are reports from the eye of just that storm, accounts of my own fear, paralysis and mistaken belief in and attraction to a false, ego controlled self. But in each case, I got through by continuing to ask for help from the part of our mind that sees only our one true self and can never fail us. Today I am spending far less time in the eye of the storm and far more embracing the instant of release that reflects the real world available when we have forgiven all that would hurt us. You can, too.



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