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## Bittersweet: Lessons from My Mother's Kitchen

By Matt McAllester

Bloomsbury Publishing PLC. Paperback. Book Condition: new. BRAND NEW, Bittersweet: Lessons from My Mother's Kitchen, Matt McAllester, On a sunny morning in May 2005, foreign correspondent Matt McAllester's mother, Ann, died unexpectedly of a heart attack, and despite having spent six years reporting on death and devastation from the world's most brutal war zones, he was pole-axed by grief. Pole-axed, and also astonished to be grieving for a woman who had been largely absent from his life, lost for two-and-a-half decades in her private world of madness. In the weeks and months that followed, Matt found himself poring over old family photos and letters, searching for the warm, quick-witted and beautiful woman he remembered from his earliest childhood, who had now vanished for the second time. But as he looked anew at her long-cherished collection of cookbooks, it occurred to him that the best way to find her again might be through something they both treasured: the food she had once lovingly prepared for her family before she was snatched away from them by illness. With the help of Elizabeth David, the cookery writer his mother most revered, Matt embarked on a culinary journey, returning from the front lines to...



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