



## Eating the Landscape: American Indian Stories of Food, Identity, and Resilience

By Enrique Salmon

University of Arizona Press. Paperback. Book Condition: new. BRAND NEW, Eating the Landscape: American Indian Stories of Food, Identity, and Resilience, Enrique Salmon, "Eating is not only a political act, it is also a cultural act that reaffirms one's identity and worldview," Enrique Salmon writes in "Eating the Landscape." Traversing a range of cultures, including the Tohono O'odham of the Sonoran Desert and the Raramuri of the Sierra Tarahumara, the book is an illuminating journey through the southwest United States and northern Mexico. Salmon weaves his historical and cultural knowledge as a renowned indigenous ethnobotanist with stories American Indian farmers have shared with him to illustrate how traditional indigenous foodways from the cultivation of crops to the preparation of meals are rooted in a time-honored understanding of environmental stewardship. In this fascinating personal narrative, Salmon focuses on an array of indigenous farmers who uphold traditional agricultural practices in the face of modern changes to food systems such as extensive industrialization and the genetic modification of food crops. Despite the vast cultural and geographic diversity of the region he explores, Salmon reveals common themes: the importance of participation in a reciprocal relationship with the land, the connection between each...



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