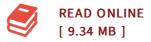




Go Your Crohn Way: A Gutsy Guide to Living with Crohn s Disease

By Kathleen Nicholls

JESSICA KINGSLEY PUBLISHERS, United Kingdom, 2016. Paperback. Book Condition: New. 197 x 130 mm. Language: English . Brand New Book. For Kathleen Nicholls, life with Crohn's disease has been a constant battle against her bowels. But life has also been about David Bowie, dancing, and laughter. Go Your Crohn Way follows the highs and lows of Kathleen's experiences, and is full of useful advice for maintaining self-confidence and positivity while navigating the world of work, relationships, and those conversations. Warm and inspiring, this book demonstrates how Crohn s can be lifechanging, but not just for the worse. Kathleen gives advice and tips on adapting and thriving through Crohn s, including a specially created phrasebook, which proves that so long as you know how to ask for the nearest bathroom, globe-trotting is still firmly on the agenda. Full of fun and humour, Kathleen s journey through life with Crohn s disease will leave you - like her - in stitches.



Reviews

An incredibly wonderful book with perfect and lucid explanations. It normally is not going to price a lot of. I am just very happy to tell you that this is the greatest pdf we have go through within my personal lifestyle and could be he finest book for at any time.

-- Bart Lowe

This is basically the greatest pdf i actually have go through till now. It is definitely simplistic but surprises within the fifty percent in the ebook. I am easily will get a delight of studying a published ebook.

-- Hyman O'Conner III