



## Healing Grief: A Story of Survivorship

By Joan Heller Miller Edm

Outskirts Press, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Healing Grief: A Story of Survivorship is a memoir of a young woman who first loses her body, and then her mind. With the help of her gifted therapist, family, and friends, she is able to tell her story, and she has since devoted her career to becoming a grief companion for others. Tragedy strikes. It is a loss of such magnitude that it is impossible to imagine how life can go on. Grief crumbles your foundation, forcing you to question your beliefs about whether life makes sense at all. Previously held notions of time and predictability suddenly vanish, like a magician's cape, turned around to reveal an instant nothing. All you know to be true falls away, and you are entirely lost, drifting aimlessly in an outer space called Grief. You wonder how you will survive. Facing tragedy one moment at a time allows the miracle of hope and healing to begin, but where to begin and how? We begin with blind faith, as well as the comfort that, throughout history, life holds possibility even...



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