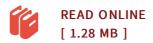




Screamfree Parenting The Revolutionary Approach to Raising Your Kids by Keeping Your Cool

By Hal Edward Runkel

Harmony. Paperback. Book Condition: New. Paperback. 240 pages. Dimensions: 8.0in. x 4.7in. x 0.7in.You Can Start a Revolution in Your Family . . . TonightScreamFree Parenting is not just about lowering your voice. Its about learning to calm your emotional reactions and learning to focus on your own behavior more than your kids behavior . . . for their benefit. Our biggest enemy as parents is not the TV, the Internet, or even drugs. Our biggest enemy is our own emotional reactivity. When we say we lost it with our kids, the it in that sentence is our own adulthood. And then we wonder why our kids have so little respect for us, why our kids seem to have all the power in the family. Its time to do it differently. And you can. You can start to create and enjoy the types of calm, mutually respectful, and loving relationships with your kids that youve always craved. You can begin to revolutionize your family, starting tonight. Parenting is not about kids, its about parents. If youre not in control, then you cannot be in charge. What every kid really needs are parents who are able to keep their cool no...



Reviews

It is an awesome publication which i actually have ever read through. it had been writtern really properly and valuable. I found out this book from my i and dad recommended this pdf to discover.

-- Doyle Schmeler

This book is definitely not simple to begin on studying but quite fun to see. I actually have read and that i am sure that i will gonna read through yet again once again in the foreseeable future. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Brennan Koelpin